

# SIGNS OF STROKE

**F**

**FACE**

DROOPING  
ON ONE SIDE



**A**

**ARM**

WEAKNESS  
ON ONE SIDE



**S**

**SPEECH**

JUMBLED,  
SLURRED OR  
LOST



**T**

**TIME**

TO **CALL 111**



## THINK FAST

If you see **ANY** of the signs, **call 111 immediately.**

## A stroke strikes suddenly.

Around 24 New Zealanders have a stroke each day – about six of those are aged under 65. A stroke will strike suddenly. Damage will move through the brain fast. But you can help, if you know the signs to look for, and think and act fast.

## Know the signs of stroke. Think FAST.

	<b>FACE</b>	Is their face drooping on one side? Can they smile?
	<b>ARM</b>	Is one arm weak? Can they raise both arms?
	<b>SPEECH</b>	Is their speech jumbled or slurred? Can they speak at all?
	<b>TIME</b>	Time is critical. <b>Call 111.</b>

**Get help FAST, CALL 111.**

**A stroke is an emergency.**

Getting help fast can reduce damage to the brain and give someone a better chance of recovery.